

Supporting your Child with Academic Pressures

A coffee morning for all KS2 parents on
Friday 20th September at 9am
at Wimbledon Chase Primary School



Join us for a coffee and a presentation delivered by Dr Kelly Lewis-Cole, Clinical Psychologist, where we will:

- Reflect on how expectations from parents, school, peers and wider society can sometimes be experienced as unhelpful by children.
- Explore how best to support children whose own expectations may be contributing to feelings of academic overwhelm.
- Consider some new ways of communicating with your children about academic demands, which foster resilience and wellbeing.

Please register your interest through the link or QRCode: <https://forms.office.com/e/uVsRfhn3PT>
For further information, please email
Wave6MertonMHST@swlstg.nhs.uk

